



Lunch Menu - Served 11am to 4pm

Appetizers & Starters

Dungeness Crab & Prawn Cocktail

Flavorful and tender Dungeness crab paired with Jumbo prawns, served with our homemade cocktail sauce & a slice of garlic bread. 11.50

Fried Calamari

Tender calamari hand-dipped, lightly seasoned and deep-fried to perfection served with lemon Aioli & Marinara sauces. 11-

New! Gourmet Nachos with Beef or Blackened Chicken

Tortilla chips topped with black beans, Cheddar cheese, diced tomatoes, green onions, fresh Pico de Gallo, guacamole, sour cream & your choice of spicy ground beef or blackened chicken 10-

Coconut Prawns

Breaded and deep-fried to a golden crispy perfection, our coconut prawns are served with a sweet & spicy Thai chili sauce. 9.50

Fried Seafood Platter

A bountiful serving of breaded shrimp, calamari & giant clam strips served with our tartar, cocktail & lemon Aioli sauces. 11.50

Southwest Chicken Quesadilla

Grilled flour tortillas stuffed with melted Monterey Jack cheese, green chilies & strips of chicken breast. 10-

Onion Ring Tower

Tall tower of hand-dipped jumbo crisp onion rings with homemade tartar, stone ground honey mustard & chipotle mayo for dipping. 8-

Crab & Shrimp Quesadilla

Southwest meets Northwest— with crab, shrimp, Monterey Jack cheese, bits of green onion and green chilies, melted to a gooey delight between grilled flour tortillas for a taste sensation! 11-

Gourmet Slider Starters

Crab Cake Sliders

Our homemade crab cakes topped with lemon Aioli, green leaf lettuce & a slice of tomato—terrific! **Three for 10.50**

New! Juicy Hamburger Sliders

Juicy hamburgers with mayo, lettuce & tomato on a mini bun. Yum! **Three for 6.50**

Prime Rib Sliders with Horseradish & Au Jus

Slices of tender prime rib with horseradish & Au Jus—perfed! **Three for 9-**

BBQ Pork Sliders

Our own slow roasted BBQ pork with creamy coleslaw on a mini hamburger bun—for a taste of the South! **Three for 8-**

New! Slider Toppers Add for \$1.00 each

- Swiss, Cheddar or Pepper Jack cheese
- Caramelized Onions
- Coleslaw
- Crispy Onion Straws
- Pico de Gallo
- Crisp Bacon

Chicken Wing Trilogy

A triple play of flavors with these chicken wing sensations! Three dipping sauces accompany the wings— an orange-horseradish-sour cream, Blue cheese & savory curry sauce. 8.50

Memphis Sweet Potato Nachos

We start with crisp sweet potato waffle fries, add a generous layer of slow roasted pulled pork, our bourbon barbecue sauce, Monterey Jack cheese, finished with diced fresh tomatoes & slices of jalapeño. 10.50

New! Spinach & Bacon Flatbread

Enjoy our crispy 12" flatbread crust baked with garlic, fresh spinach, bacon & Mozzarella cheese, served with Ranch dressing for dipping. 8.50

New! Mushroom & Caramelized Onion Flatbread

Our crispy baked 12" flatbread topped with sautéed mushrooms, Mozzarella cheese & caramelize onions, finished with a sprinkle of diced fresh tomatoes, served with Blue Cheese dressing for dipping. 8.50

Garlic Fries with Parmesan

Just the right amount of garlic on these crispy fries, tossed with Parmesan cheese, served with our zesty curry-onion ketchup & ranch dipping sauces. 5.50

Items on this menu may contain raw or undercooked animal products. Such items may increase your risk of food borne illness, especially if you have certain medical conditions.

Deep Fried Platters

Substitute a mini green salad bowl for coleslaw for \$1.00

Fish & Chips

Tender cod hand-dipped, breaded, fried to a golden brown, served with steak fries & coleslaw. 11-

Halibut & Chips

A Northwest favorite! Hand-dipped halibut, fried to a crisp golden brown served with steak fries & coleslaw. 15-

New! Salmon & Chips

Battered salmon, deep fried; served with steak fries & coleslaw. 13-

Shrimp & Chips

Tender butter-fried shrimp lightly breaded then fried just right, served with steak fries & coleslaw. 11.50

7 Cedars Seafood Combo & Chips

Battered plump giant clam strips, breaded shrimp & hand-dipped cod—fried to a golden brown, served with steak fries & coleslaw. 13.75

Giant Clam Strips & Chips

Plump battered giant clam strips— golden and crisp, served with hearty steak fries & coleslaw. 11.50

Chicken & Chips

Tender strips of chicken, deep-fried served with steak fries & coleslaw 11-

Grille Rice Bowls

Add a fresh Garden or Caesar side salad to your Entrée for \$3.00

General Tso's Chicken Bowl

Golden battered bite-sized pieces of chicken with the General Tso sauce of sherry, soy, ginger, garlic & rice vinegar with scallions on a bed of rice with broccoli & strips of red peppers. 11.75

Honey Walnut Prawns Bowl

A new favorite— prawns with a light tempura batter, deep fried then tossed in a creamy honey walnut sauce on Jasmine rice with snow peas & julienne cut carrots, finished with candied walnuts. 13.75

Chicken Teriyaki Bowl

Grilled chicken, snow peas, onions, carrots & broccoli, sautéed in a teriyaki sauce, served over rice. 11.75

“What a Pizza!”

11-inch Thin Crust Pizza

Baked in our special “quick” pizza ovens!

Add Meat Topping: \$1.00 each

- Pepperoni
- Sausage
- Bacon
- Ground Beef
- Canadian Bacon
- Grilled Chicken

Add Vegetable Topping: \$0.80 each

- Pineapple
- Mushrooms
- Onions
- Green Peppers
- Black Olives
- Fresh Tomatoes

Classic Cheese Pizza

A classic cheese pizza with our red pizza sauce & Mozzarella cheese— for more, add your own choices from above for your custom pizza! 9-

Tuscan Vegetable Pizza

Simply olive oil, garlic sun-dried tomatoes, Kalamata olives, fresh spinach, Parmesan cheese & Mozzarella cheese. 10.50

Deluxe Vegetable Pizza

Our red pizza sauce & Mozzarella cheese with four veggies you'll enjoy— mushrooms, olives, onion and bell peppers. 10.50

Greek Grilled Chicken Pizza

Grilled chicken, spinach, black olives, diced tomatoes, artichokes & Feta cheese with our Alfredo sauce. 12-

BBQ Chicken Pizza

Grilled chicken, BBQ sauce, black olives, smoked Gouda & Monterey Jack cheese, red onion & fresh cilantro. 12-

Italian Meat Lover's Pizza

Pepperoni, salami, sausage, diced tomatoes, Parmesan cheese, our red pizza sauce & Mozzarella cheese. 12-

We charge \$2.00 for an entrée split done in our kitchen; thank you for your understanding!

~ All of the fried menu items are prepared with no trans fat cooking oil for a healthy alternative. ~

Revised 8/211

